# Harmonizing & Energizing Life

Two of the biggest budget challenges modern governments and their people face are:

- 1. unaffordable cost of health care, and
- 2. reduced 'social contract pension payments' to a fast growing group of seniors.

Although a variety of specific short- & long-term solutions are proposed or implemented, the most cost-effective and most penetrating & profound solution should lie in the gradual return of the DNA strand in each of our 50 Trillion cells to its original state, the so called 'Garden of Eden' state.

Electro-magnetic fields pollution, plus the food, drinks, and medications we consume are contaminated with synthetic substances, which the cells of our bodies find hard to metabolize because their chemical composition is 'foreign' to them.

The result of this invasion of foreign fields and foreign substances is a fighting back which can be experienced by each of us as unpleasant physical side-effects and chronic dis-eases. This in turn can lead to the consumption of even more synthetic substances with their own side-effects.

Quantum Physics teaches us that ultimately, all substances attacking the substances of our cells are nothing more than a quantum soup of sub-atomic particles with a specific electrical/magnetic charge and mass, and moving around in specific spin directions and orbits around one or more nuclei of atoms.

Each particle can also appear as a 'wave' with a unique length, frequency, and amplitude pattern combination.

Each wave/particle combination is subjected 24/7 to e-smog, electro-magnetic field radiation from every source of electrical and magnetic power, including mini magnets and batteries in watches and cell phones.

The impact of the many different electro-magnetic fields from inter-planetary and inter-stellar activities makes it impossible for our DNA molecules to exist in its ideal "Garden of Eden' state. But there exists a "perfect blueprint" pattern, that brings everything exposed to this field into harmony with it.

A continuing exposure to this ideal field would enable all elements in each of our cells to, step by step, rediscover their original coherent vibratory state of being, and then continue to resonate with it.

This can naturally and gradually eliminate the influence of the thousands of undesired 'markers' on our strands of DNA. This in turn can provide our cells with their own ideal program to produce ideal proteins, resulting in a more 'perfect body' that is more energized, and less subject to dis-eases and aging.

We believe that our decades long research and search for this ideal "blueprint" has led us to discover a field pattern that appears to resonate most harmonically with our body's natural rhythms.

We are imprinting this Life H#rmonizer blueprint and field into appliqués and labels, to be applied:

- wallet-size sheets that contain circular or square appliqués that you can peel off and stick to:
  - o the skin, for relief of discomfort and other <u>internal</u> purposes or skin improvements, or
  - o any electro-smog producing product, so as to render its effects harmless, or
  - o all foods & drinks just before consumption, to <u>improve digestion and absorption</u> by the body.
- wallet-size sheets containing transparent appliqués, to be cut to any shape & size, and placed over clearly visible body parts for the same discomfort-reducing and other internal purposes.
- bottles with harmonized and energized spring water.

Our work with this field on our own bodies, and in our own lives, has convinced us of the inestimable effects.

## Your Body Is Talking. Are You Listening?

# 'Life-Harmonizer' Quantum Information Fields for greater health and inner strength

Our Life-H#rmonizer (LH) fields are compressed patterns of cosmic energy. They are harmonically oscillating portals of energy and information. They dissolve the fields of less harmonic tissue, fields that signal discomforts, like chronic aches, pains, tissue stiffness. They also invert the polarity of all Electro-Magnetic (EM) Smog producing electronic hardware, such as watches, cell phones, computers, TV's, magnets, and all electrical appliances.

From a physics perspective, discomforts such as chronic aches, pains, sores, swellings, are -simply said-incoherent, disharmonic, distortions in a local information field, picked up by one or more of our senses.

The coherent harmonics and information of the quantum field of our LH products will entrain and resonate with any other nearby field, reduce any distortion, and lessen the discomfort. They also reverse the damaging effects of batteries, electric, and electronic hardware on the function of your cells, at their most basic level.

Our products cause water-cluster reconfiguration, by making the electrons of the O2 atoms move differently throughout all watery substances anywhere in your body, resulting in more vitality.

It acts like a rock in a pond. An initial effect is noticeable almost immediately. The subsequent effects will be subtle and going on as long as the Life-H#rmonizer field is present.

The more harmonic and coherent field of a Life-H#rmonizer appliqué will often:

- 1. relax the surrounding muscles,
- 2. reduce the visible effects of stress,
- 3. complement any other ongoing therapy,
- 4. reduce discomfort or stiffness, wherever applied,
- 5. increase the muscle's potential energy production,
- 6. together with water, gradually dissolve local distortions.

Can you put a price on a product that is non-biologic, non-medical, non-toxic, non-invasive, but mind/body harmonizing and thus re-vitalizing, as well as very convenient, safe, and portable?

There is a quantum field/matrix of energy underlying all physical reality. The feelings we feel in our heart are responses to our environment, and create the patterns of the EM fields in/around our hearts that are re-arranging the stuff in the quantum field of our body, which leads to changes in our physical reality.

## Cell-phone, Power-box, Computer, HDTV, WiFi, etc. Electro-Smog Harassment

A cell-phone's magnetic scalar waves entering the body emit wavelengths very similar to the wavelengths used for communication between cells. Therefore the phone's modulated wavelengths will negatively impact that communication, and cell distortions will occur as a result. This can lead to symptoms such as aches, pains, or diseases. The same applies for every high or low voltage tool or piece of equipment, including your bedside alarm clock, or the battery of your watch. Our appliqué s reverse the polarity and thus the toxicity of these EM Fields.

Computers & TV/Radio are often the highest sources of EMFs in your home, because EMF exposure is *cumulative*. The more of it you are exposed to, the worse the effects. If you multiply the number of hours you are near the Computer/TV's high radiation, then these two sources usually outweigh any other EMF found in your home.

### H<sub>2</sub>O: water molecules

H<sub>2</sub>O is mysterious because it does not exist as a single molecule, but as clusters of molecules grouped by H-bonds. Their arrangement is affected by the type and concentration of various minerals and dissolved gases present among them. Cluster arrangement is also affected by sound, light, electromagnetic, and magnetic waves.

Reconfiguration and size shrinkage of its clusters will lead to a more harmonized and energized type of water.

# **Body Talk via Muscle Testing**

**Muscle testing** is a noninvasive way of evaluating the body's imbalances and assessing its needs and preferences. Muscle testing assesses the body's responses when a slight pressure is applied to a large muscle. It provides information on energy blockages, organ functioning, nutritional deficiencies, food sensitivities, thoughts, sounds, colors, emotions, as well as testing the body's responses to remedies of different substances.

If a substance is something your body wants, you are able to resist any physical downward pressure when holding one arm rigidly horizontal. If your arm is unable to resist the pressure, your body doesn't want that substance. The same procedure can also show how often your body needs to take each substance and how much each time.

Your body's responses may be inconclusive if your body's energy is blocked. Testing its polarity will reveal if the energy is flowing in the proper direction. If not, it must be redirected before proceeding. The polarity check is needed for each substance tested.

The selected substances should also be tested as a group, because one of them may test well by itself, but combining it with others may produce a synergistic effect that reduces or eliminates the want or need for it.

### Muscle Testing aka Kinesiology or Energy Testing

Muscle testing is a method in which you can converse with your innate intelligence, or subconscious mind, as well as your body's nervous systems and energy fields.

American chiropractor Dr. George Goodheart discovered, through extensive experimentation, that muscle strength could be influenced by the energy fields of objects coming in close contact with the energy fields of the body.

## The Physiology of Muscle Testing

With a positive, truthful or yes response, the arm remains strong. With a negative, untruthful or no response, the arm is weakened. But how does the muscle know? Electrically or chemically induced signals travel from cell to cell throughout the human nervous system.

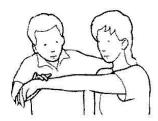
The skeletal muscles are controlled by the somatic nervous system, which is controlled by the human will. However the autonomic nervous system can override the signals of the somatic system and thus override the human will.

This is what happens with muscle testing. The innate intelligence of the body signals its answer to a question via its autonomic nervous system by increasing or reducing the power of the muscle used. The body doesn't speak in words, it speaks the language of energy — and now you do too!

## **HELPFUL HINTS before Starting the procedure**

- The wording of a question is critical. Be very specific. Ask one thing at a time.
- Testee should keep the eyes closed during testing, so as to be fully focused on feeling the muscle's action. Eye contact allows energy to flow from one individual to the other, and thus affecting the answer.
- If the muscle/arm remains strong for a NO and weak for a YES, it means that the energy flows in the opposite direction. The main cause for this is anxiety, stress, or fear. This flow is reversed by treatment, but when stress resurfaces, the energy flow will reverse again.
- The central meridian runs straight up the front of the body, from the pubic bone to the bottom lip. The muscle being tested is weakened if this meridian is not flowing up. Thus, run your hand **2-3" in front of the body**, from the lips down to the pubic bone. Then reverse the move. It's called the Zipper method.
- In order to avoid energy flow reversal, we recommend placing 'life-h#rmonizer' appliqués at the end points of the meridians on hands & feet. This allows the energy to consistently flow in the proper direction.
- Answers from the body will **only be valid if** the Tester:
  - o is not making eye contact,
  - o is fully focused on the procedure,
  - o asks the Testee's body for permission,
  - o applies a consistent and light pressure,
  - o does not judge any answer from the body,
  - o has no expectations regarding the answer,
  - o sends feelings of appreciation to the Testee,
  - o is convinced that the arm can be pushed down. Thoughts have their own energy field.

## **Procedure**



Although any large body muscle can be utilized for testing, the arm is often the easiest to use:

- 1. The Testee should lift the strongest arm directly in front of the shoulder, parallel with the ground, elbow straight, with the hand open and facing down.
- 2. The Tester's hand should be placed just beyond the wrist toward the elbow, on the extended arm of the Testee, and rest the other hand lightly on the same side shoulder, so as to better balance Testee.
- 3. The Testee should now close the eyes and fully focus his/her attention on what the Tester says and does.
- 4. The Tester asks the Testee: "May I try to move your arm? Are you ready?" The Testee should answer 'Yes'.
- 5. The Tester then asks the Testee: "What's your name?" The Testee answers by stating his/her real name.
- 6. The Tester then briefly applies a light downward pressure on the arm of the Testee, while the Testee firmly resists this downward pressure by holding the arm in place, not lift the arm upward.
- 7. A minimum pressure will accomplish a more accurate answer than a forceful one. The arm should remain strong and horizontal. This is the body's positive response to the answer given.
- 8. Tester asks the Testee again, "What's your name?" The Testee answers by stating someone else's name.
- 9. The Tester briefly applies a light downward pressure on the arm of the Testee, while the Testee firmly resists this pressure by trying to hold it in place. Despite these efforts, the arm should be weak and drop. This is the body's negative response to the answer given.
- 10. The Testee can now open the eyes. Allow Testee to relax their arm for a moment.
- 11. Then have them hold a cell phone or a bottle/cup/glass of tapwater in the other hand and repeat the procedure with items 1-6: permission, real name, and testing the arm.
- 12. In most cases, Testee is unable to resist the same pressure and their arm went weak and dropped.
- 13. The energy field of the cell-phone/bottle/cup/glass weakened the energy field of the body and the indicator test muscle has lost its strength.
- 14. Then attach the H#rmonizer appliqué to the product you just tested and repeat the test (1-6), applying the same amount of pressure. The harmonic energy field of the appliqué has strengthened the energy field of the product and via the hand holding it, the body.
- 15. Most likely, Testee's arm muscle remains strong.

If you prefer to put only those substances in our body that increase your energy level, then harmonize the field of each drink or substance before taking it in, by placing it for a few seconds on a coaster with an appliqué stuck to it!

# **Applying and Removing your Life H#rmonizer Transparent Appliqués**

- 1. Remove all body hair from the spot selected for the appliqué.
- 2. Cut appliqué paper to desired size and shape.
- 3. Peel off the transparent plastic cover sheet to expose adhesive.
- 4. Handle paper by the edges.
- 5. If the applied area of the skin is curved, then slightly dampen the non-adhesive side of the paper with a wet cloth or sponge to soften the paper for easier placement on a curved surface.
- 6. Press the adhesive side of the paper onto the desired area of skin.
- 7. Moisten paper until it is saturated.
- 8. Slide the paper off the skin.
- 9. When you are ready to remove the appliqué residue, use rubbing alcohol. Any lingering adhesive may be removed by rubbing with a tiny amount of Vaseline.
- 10. You can shower/bathe with the appliqués on. Be careful not to rub them. Pat or allow them to dry.

## Medical Products, Devices, Services

### Atomic & Molecular level

Interaction between the organic molecules of the body versus the mostly synthetic molecules of a drug, sometimes leading to defensive & uncomfortable side-effects caused by the body's immune system. This may be confirmed by muscle testing.

Physical manipulation of muscles, tissues, joints, etc., to release muscle fuzz and blocked energy.

#### Sub-atomic level

Interaction between electrons orbiting in a certain pattern & photons moving at certain wave lengths and frequency patterns in the body, and foreign electrons and photons moving in their own unique orbital and at their own unique frequency patterns. This may be confirmed by muscle testing.

#### versus

# Life H#rmonizer Appliqué

The Life H#rmonizer Appliqué contains a field that is pulsating in the universal, original pattern out of which all forms of matter and waves of radiation emanate. This may be confirmed by muscle testing.

The Life H#rmonizer Appliqué is used for:

- O Reducing chronic physical discomfort,
- O Harmonizing foods & beverages with the body's natural rhythms,
- O Harmonizing Electro-smog from the environment with the body's electro-magnetic fields,